



Act for Peace Ration Challenge 2018

“Showing refugees we’re with them, not against them”

<https://actforpeace.rationchallenge.org.au/schools/>

If one of your students (or children) is handing this to you it means that they are keen to get involved with this year’s Ration Challenge and they need your support to do so! It would be great if you could read the details below and consider taking part as a class, school or team.

What is the Ration Challenge?

During Refugee Week, 17-24 June, we're challenging teachers and students all around Australia to live on refugee food rations to raise money and awareness for communities who've left everything behind to escape conflict and disaster.

We'll be asking teams to eat the same rations as a Syrian refugee living in a camp in Jordan for 3 days (Years 7-9) or 5 days (Years 10-12) - that means just a small amount of rice, flour, lentils, chick peas, beans, fish and oil. Hundreds of Australian schools will be taking part and whilst doing the challenge will also be learning about global justice and refugees, coming together to show refugees we're with them not against them.

Why get involved?

Education is vital in building a more just and compassionate world. At Act for Peace we're passionate about the role teachers, students and the school community play in coming together to create real and meaningful change and the Ration Challenge is a way for students to do just that.

The Ration Challenge is a powerful, tangible and transformative experience for students that improves the lives of refugees around the world (through fundraising) and offers students a way to learn about global issues, develop empathy for others and inspire them to be part of the next generation of empowered global citizens who will create a more compassionate society in the future. The money raised will be helping to provide urgently needed food rations, household items, medical care and psychosocial support.

What support and resources are available?

When you sign up your school to take the Ration Challenge you'll be setup with a School's fundraising page, we'll send you all of the resources you need to take part and you'll be assigning a School's Rep to answer your questions and help you plan.

On the Ration Challenge website you'll be able to access curriculum based lesson plans, class activities, multimedia resources, PowerPoint presentations and fundraising resources. Our range of educational resources will bring the refugee story to life, engaging students in the big issues and inspiring them to take action.

Students will be given their own Ration Challenge toolkit, as well as sent their own food ration pack. It will have everything they (and their parents) need to know to take part, talk about the issue of refugees and fundraise.

How do I sign up my class/school?

Taking part is easy:

- 1 - Sign up your school online** at <https://actforpeace.rationchallenge.org.au/schools/> and we'll send out a School's Ration Challenge kit (including an example food pack) and set you up with your own Schools fundraising page and access to a wide range of educational and fundraising resources.
- 2 – Sign up your school's team** by submitting a list of students (and parents/other teachers) on your fundraising hub (accessed after you register). We'll provide full instructions on how to do this and provide all the info you will need for parents and other staff at your school.
- 3- Plan for Refugee Week:** We'll provide all the educational and fundraising you'll need for you school, your team's students and parents/guardians. We'll also assign you your own Schools Coordinator to help answer questions and organise.

Why can't students sign up by themselves?

At Act for Peace we take Child protection very seriously and we believe that an event such as the Ration Challenge needs to be supported by a responsible teacher, parent or guardian. We are here to support you in every way we can to make organising a school team as easy as possible, but we have set up the Challenge this way to ensure that students, parents and teachers have a positive and safe experience.

Where can I get more information?

1. Visit <https://actforpeace.rationchallenge.org.au/schools/>
2. Contact our Schools Coordinator, Catherine Hill on chill@actforpeace.org.au
3. Ring 1800 025 101 to speak to one of the Act for Peace team